WHITEFISH BAY ACTIVITIES NEWSLETTER



TRADITION, EXCELLENCE, SPORTSMANSHIP, DUKE PRIDE

Important Information for All Students

Have you signed up for a club yet? If not, signing up for a club is a great way to:

- Make new friends
- Have fun
- Connect w/ Whitefish Bay Staff
- Find your passion
- Be active in the school community
- Engage in healthy competition

Check out the Activities Guide for all information regarding our amazing clubs!

Prom Date/Merit Award Information

- Prom will be on Saturday, May 14th at the Harley-Davidson Museum. More information will be sent out in April.
- The Merit Award is due on April 1st in the Activities Office. The packet can be found here: <u>Merit Award Application</u> Any volunteer hours that are completed after April 1st will need to be approved by club advisor and Mr. Worzella

Follow Athletics and Activities on Social Media

Make sure to follow us on Twitter and Instagram for up to date news and information on all teams and clubs. Twitter: @WFB_BLUEDUKES Instagram: wfb_athletics_and_activities

Gymnastics Team Ends Season with Conference, Sectional and State Championship

The Whitefish Bay gymnastics team had quite the run at the end of the year with a North Shore Conference Championship, a WIAA Division 2 Sectional Championship and a WIAA Division 2 State Championship!

North Shore Conference Championship

The first part of their postseason run took place at Nicolet High School for the North Shore Conference meet on February 19th. The Blue Dukes won the meet with a score of 140.025, which was 0.65 better than runner-up Homestead. The Blue Dukes got contributions from the entire team to pull over this victory.



North Shore Conference Championship

WIAA Sectional Championship

Next up for the Blue Dukes was the WIAA Division 2 Sectional at Whitefish Bay's Memorial Gym on February 25th. Coming into the meet as favorites, the girls did not disappoint and had a dominate day ending with a score of 141.775 and claiming the WIAA Division 2 Sectional Championship. Not only did the team advance to the WIAA State Meet, but some of the individuals advanced as well. Senior Anneh Britz won the All-Around at the meet and qualified for the All-Around and all four events at State. Senior Kate Graham also qualified in the All-Around with a 3rd place finish and all four events for State. Sophomore Ryann Wesley also qualified in the Balance Beam with her 4th place finish.

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WIAA Division 2 Sectional Champions

WIAA Division 2 State Championship

On Friday, March 4th the Blue Dukes competed at the WIAA Division 2 State Championship at Wisconsin Rapids High School. The Blue Dukes won the WIAA State Championship with a season high score of 143.15 which was 0.2 better than the Runner Up Mount Horeb team. This state championship was the programs 14th overall, which is a WIAA State Record! All the girls had a major part to this championship! Senior Kate Graham also captured an individual State Championship in Floor Exercise with a score of 9.367. Senior Anneh Britz was the runner up on Floor with a score of 9.3. On the Balance Beam, sophomore Ryann Wesley scored a 9.45 and in All-Around, Britz finished 3rd with 36.4 and Graham finished 6th with 36.067.

Members of the State Championship team were: seniors: Kate Graham, Anneh Britz, Erin Timms, Liz Gaeta, junior Kate Brugmann, sophomores: Essence Burrows, Ryann Wesley, Gillian Faber and Megan Curran. The Blue Dukes were coached by Lauren Otte and John Glass.



Cheer Team Wins 1st Ever State Championship

The Cheerleading Team is the WACPC 2022 Non-Stunt State Champion!

On February 19th, 2022 the Cheer Team among many other teams throughout the state headed to the Oshkosh Arena to compete in the WACPC State Championship!

The Cheer Team competed in the Non-Stunt division, which emphasizes the various aspects of cheerleading like an engaging sideline cheer with a creative dance that incorporates advanced tumbling, expert jumps, and multiple pyramids that include inverted and elite positions.

The teams' Non-Stunt routine was to an AC/DC mix performed by seniors; Amelie Gibbert, Jane Graham, and Maggie Franzen, juniors; Anna Olsson and Sofia Meixner, and sophomore; Morgan Govan.

For the first time in school history, the Cheer Team began its competitive journey in 2020. This year through hard work and dedication, these cheerleaders made history by bringing home the first WACPC State Champion title for the Cheerleading program.

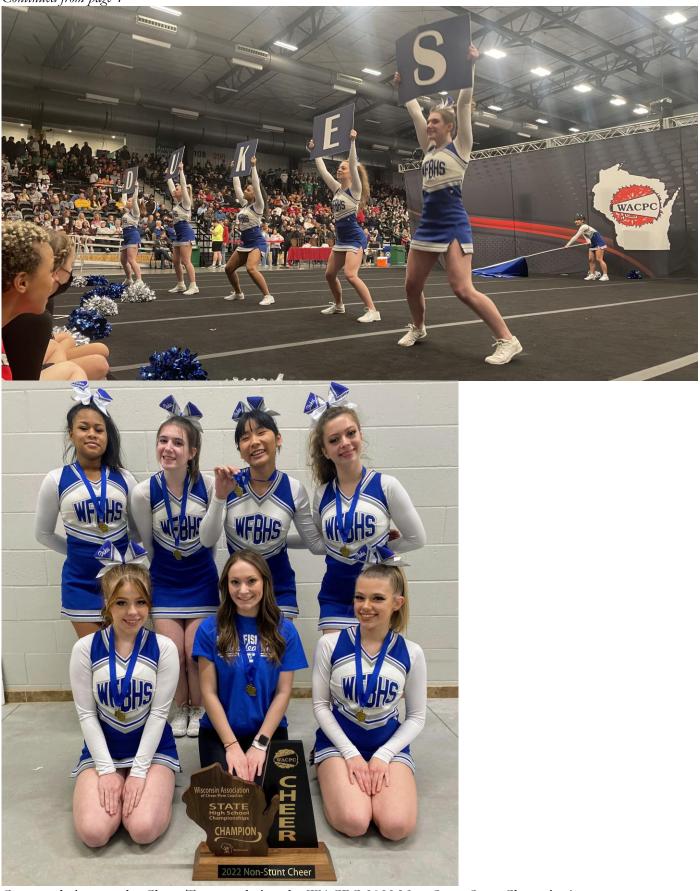
The Cheer Team did an excellent job at State, improving immensely! During this performance the team hit zero, as well as, these athletes improved 9.9 points in multiple execution categories throughout the routine; this is significant as teams traditionally average a 2.5 increase between prelims and the state champions. The 9.9-point improvement placed the Cheer Team as the third-highest most improving team in the state from Preliminaries to the State Championship!

Coach Keller is immensely proud of how far the team has come this year and over the past 3 seasons, as well as the personal and athletic growth of all the members. Each cheerleader has brought a unique set of skills and has contributed to an excellent team performance.



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Congratulations to the Cheer Team on being the WACPC 2022 Non-Stunt State Champion! Tryouts for the 22-23 Cheer Team will be held in the Spring of 2022. Email Coach Keller at <u>miranda.keller@wfbschools.com</u> for more information on the Cheer Team. Let's Go Dukes

Girls Basketball Wins Regional Championship, Ends Season in Sectionals

Whitefish Bay vs. Nicolet WFB 63 - NIC 34 Record (13-8)

It was SENIOR NIGHT, and the Blue Dukes came out swinging. With Anna Reimers and Cate Sullivan raining in some early threes, as well as Zoe Behrendt and Senior Allie Swietlik taking it to them on the interior, the Dukes had a 20-point lead at the half. The momentum did not stop there as the girls continued their defensive energy, and offensive dominance with back to back three's by Senior Gracie Gottlieb, sealing a 29-point victory after only beating them by 12 in their earlier matchup.

The Dukes were led by

Zoe Behrendt with 20 points, 9 rebounds, 4 assists Anna Reimers with 12 points, 3 rebounds, 3 steals Cate Sullivan with 11 points, 3 assists, 3 steals

Whitefish Bay vs. West Bend East WFB 61 - WBE 52 Record (14-8)

The Blue Dukes traveled out to West Bend for their final road game of the season. Early on the Suns shot the ball at a high percentage keeping them within single digits at halftime. In the second half, the Dukes were able to crank of the defensive and offensive intensity. With some interior buckets from Zoe and Allie, as well as some late threes from Grace Lodl, WFB was able to sneak out of West Bend with a 9-point victory.

The Dukes were led by

Zoe Behrendt with 18 points, 11 rebounds, 4 assists, 3 steals Allie Swietlik with 10 points, 10 rebounds, and 5 assists Grace Lodl with 16 points

WIAA PLAYOFFS

The Blue Dukes secured a #2 seed for playoffs and received a first-round bye. Their first matchup in the regional semi-final they hosted Milwaukee Washington.

WIAA Regional Semi-Final Whitefish Bay vs. Milwaukee Washington WFB 64 - WASH - 25 Record (15-8)

The #2 Blue Dukes hosted Milwaukee Washington and got out to a hot start with some early three pointers from Cate Sullivan and Grace Lodl. After settling in on both ends the Blue Dukes stifled Washington, keeping them from getting any offensive rhythm going. WFB's offensive execution also led to some great inside looks for Zoe and Allie. Coming off the bench in the second half freshman Jane Wallace showed off her shooting touch knocking in 4 three pointers, to seal the Dukes first playoff win.

The Dukes were led by

Zoe Behrendt with 11 points, 15 rebounds Alie Swietlik with 15 points, 11 rebounds Jane Wallace with 14 points, 5 rebounds Grace Lodl with 10 points, 6 rebounds

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WIAA Regional Final Whitefish Bay vs. Wauwatosa West WFB 64 - TW - 47 Record (16-8)

The #2 Blue Dukes hosted Wauwatosa West for the Regional Championship game. The Blue Dukes came out in the first half with incredible energy, and it was sustained throughout the entire game. The game started off tight with both teams trading buckets and defensive stops. After getting into a groove the Dukes defense helped turn into some offense with some deflections, steals and quick baskets. The combo of Allie Swietlik and Zoe Behrendt was an early unstoppable duo, and with the Blue Dukes shooters Wauwatosa West had no answer. Coupled with the Duke's variety of defenses, WFB was just too much for the Spartans. This was WFB's best overall performance of the year and sealed a convincing 17-point win for the Regional Title

The Dukes were led by

Zoe Behrendt with 22 points, 12 rebounds

Alie Swietlik with 15 points, 4 rebounds, 3 assists

In the Blue Dukes Sectional semi-final, they traveled to West Allis Central to take on #1 team in the area, Pius XI. From the start the Popes were firing on all cylinders and the Blue Dukes could not match their play. On both ends of the floor Pius was able to control the game from start to finish, and rolled to a dominant double-digit victory.

The Blue Dukes had two girls named to the All North Shore Conference team. Zoe Behrendt was named 2nd team all-conference (top 7 in overall voting), and Allie Swietlik was named 3rd team all-conference (top 12 in overall voting). Congratulations on this amazing achievement!

Finally, a HUGE thank you to our Seniors, Gracie Gottlieb and Allie Swietlik. You have made an incredible impact on this program during your four years, and have grown into amazing young women that we are proud to call WFB Girls Basketball Alumni. Congratulations on amazing careers, and we know you will continue to do incredible things in the future! - Coach Schneider



Boys Basketball Team Beats Washington, Loses to Wisconsin Lutheran in Regional Final

The boys' basketball ended its season with a loss at Wisconsin Lutheran in the regional final. The boys defeated Milwaukee Washington to reach that point. The win over Washington was the 9th win in 10 games for the Blue Dukes.

The boys had an amazing season, going 17-9 and putting a stamp on the program's development following 21-4 and 18-7 campaigns by the previous teams. The boys did a marvelous job dedicating themselves to being unselfish, disciplined, and playing with passion. The commitment they made to each other and being part of the program is a testament to their pride in being a Blue Duke.

So, big shout out to you boys who made the decision to play for your teammates and for your school. So very proud of you.

Buy Your Yearbook Now, Don't Wait

Extra yearbooks will be in short supply in the fall. Please please please purchase one now to avoid disappointment later. And if you are considering placing a senior recognition ad, this year especially, the yearbook will greatly appreciate your participation.

Link to order:

https://www.jostens.com/apps/store/productBrowse/1116018/Whitefish-Bay-High-School/2022-Yearbook/2021070804180152072/CATALOG_SHOP/

JV Girls Basketball Team Finishes Impressive Year

The Girls basketball team recently completed the 21-22 season with a record of 16-6. The team played with great enthusiasm and energy, improving every step of the way.

Team members included: Junior: Syd Polinske, Sophomores: Clara Cherveny, Tessie Helf, Ava Lavoncher, Lily Speich and Taylor Bongle. Freshman: Sofie Castro, Megan Gruber, Itsy Smith Jane Wallace and Lauren O'Regan.

German Club Performs Well at Regional Contest, Advance to State

Whitefish Bay students won big in the Southeastern Wisconsin Regional German Speaking Contest 2022 on Saturday, March 5, 2022 at Greenfield High School.

Students participating in this contest had to memorize a German poem and engage in a spontaneous conversation in the German language. They were judged on pronunciation, language accuracy, interpretation and fluency.

The participants, by grade and German level, are:

Mitch Kryger, grade 9 - German 2: first place Riese Doyle, grade 10 - German 3: fifth place Annie Koch, grade 10 - German 3: second place Matthew Mooney, grade 10 - German 3: fifth place Julian Whelan, grade 10 - German 3: fourth place Colin Dressler, grade 11 - German 4: first place CeCe Engel, grade 11 - German 4: second place Mae Jones, grade 11 - German 4: second place Lu Van Dyke, grade 11 - German 4: second place

Students who won a second or first place qualified for the state competition that will take place on April 23rd at Marquette University.

Duke Pride Yard Sign Information

Duke Pride is selling yard signs. If interested please contact Michelle Counsell - mmcounsell@yahoo.com

\$25 cash or check made payable to Duke Pride.



Rock Climbing Team Continues to Impress

The Rock Climbing Club has entered their Spring season and has just wrapped up another great competition out at our climbing gym in Brookfield! Powered by Portillo's burgers and candy, competitors were required to climb the most difficult routes in order to score the most points for their division. This competition style requires a lot of strength, skill, and most importantly endurance. Team and individual results of the competition will be known in the next couple of weeks, but regardless congrats to all those who competed!

With two competitions left in the season including State, we look forward to a strong finish to the season!



Bay Gives Back Email list: <u>https://tinyurl.com/bgbemaillist22</u> Spring Kickoff Meeting 2.15.22

March Events

- Fun for Foster Care Box Drive
 - o Goal: To curate and collect 300 boxes for kids ages 3-10 with fun springtime activities
 - 0 Organization: KidsMatter Inc providing support to children in Milwaukee's foster care system
 - o Lead Team Member: Salome White
 - o Sign up / Merit Award Options
 - Build a Box 1 hour per box up to two hours of merit award <u>https://tinyurl.com/funforfostercare</u>
 - Help Collect / Deliver Boxes Merit award hour vary <u>https://tinyurl.com/boxcollection22</u> (March 8th, 10th, 15th, and 18th)

April Events

- Riverkeepers Clean Up Estabrook Park
 - Goal: Volunteer with Milwaukee River Keepers to help clean up and collect trash in local Milwaukee Parks
 - o Organization: Milwaukee RiverKeepers
 - o Lead Team Member: Molly Kister
 - o Sign up / Merit Award Hours
 - o Saturday, April 23rd from 9AM-12PM
 - https://tinyurl.com/WFBriverkeepers
 - You will meet at Estabrook Park (specific location will be emailed out) 3 Merit Award Hours

May Events

- Blood Drive
 - o Goal: Collect 45 pints of Blood
 - o Organization: Versiti Blood Center of Wisconsin
 - o Lead Team Member: Nicholas Hall / Sophie Bach
 - o Sign Up to Donate / Work the event
 - Wednesday, May 18th 9am-2pm
 - Sign up to Donate Blood (16 years and older) <u>https://tinyurl.com/BDStudyHall</u> to work during study hall period
 - https://tinyurl.com/BDMay22 to help get students registered to donate

Girls Hockey Team Finishes Season on 8 game Win Streak, Lose in Sectionals

The Wildcat Co-op finished the season with a 14-10-1 overall record. They won their last 7 regular season games and beat Lakeshore Lightning in the regional playoff game. Unfortunately, the Wildcats lost to #1 ranked Bay Area Ice Bears 3 to 1 in the sectional semi-finals. Congratulations to Lily Valimont on being named all-conference honorable mention. Junior Eileen Carey and freshman Leah Twente also earned varsity letters.

Robotics Team Comes Home with Hardware from State

Bay Robotics competed on March 5th at MSOE at the Robotics State Competition! Congratulations to the team for being in the Finalist Alliance, winning the Think award, and 2nd place Connect Award. This is not easy and we are very proud of their achievement!



Boys Swim and Dive Team Finish Season at State with 9th Place Finish

Hard work pays off! After the Boys Swim and Dive team made a splash at sectionals, 12 of the 21 entries moved on to the state meet, including all three relays. From the coaching perspective, with a meet as great as sectionals, you wonder how things could get any better! Yet, once again, these boys came through, and produced one of our most successful state meets. While the team scores may not show it, the 9th place team finish was full of best times and increases in place. The boys came to race, and they put on a show!

Two swims highlighted the evening. Distance phenom Finn Holdredge dropped two more seconds from his victorious 500 freestyle at sectionals to take 5th! The was the first of many podium performances to come for Mr. Holdredge. In one of the more shocking swims of the night, Sophomore Will Antonelli took the 100 back by storm, matching Finn's 5th place finish. Will dropped a massive second and a half, from a nearly two-second best time the previous week! We are clearly seeing the beginning of big things for Will in his next two years!

The state meet performance not only capped an incredible season, but gave us a deep-dive into the incredible potential for years to come. We couldn't be prouder of the boys and the traditions of respect and dedication they continue to demonstrate year after year!